

### **Syllabus for Training Officer – BASIC COSMETOLOGY**

1. Develop good appearance and behaviour, practice tasks as per industry standard and express good communication skill following safety precautions. (NOS: BWS/N9002, BWS/N9003)
2. Prepare and maintain work area and maintain health and safety at the workplace. (NOS: BWS/N9001)
3. Carry out epilation and depilation services. Illustrate and explain hair structure & hair growth cycle. (NOS: BWS/N0105)
4. Carry out manicure and pedicure services. Explain anatomy of nail. Differentiate and identify nail disease nail disorders. (NOS: BWS/N0401)
5. Carry out facial treatments for common skin problems. Illustrate and explain skin structure. (NOS: BWS/N0104, BWS/N0128)
6. Carry out hair treatment for common hair problems. Illustrate and explain structure of hair. (NOS: BWS/N2207, BWS/N0206)
7. Create basic haircuts using special cutting techniques. (NOS: BWS/N0207, BWS/N0205)
8. Demonstrate basic yogic exercises for stamina building and correcting body posture. (NOS: BWS/N2201)
9. Demonstrate day, evening, party & bridal makeup and explain effects of light on makeup. (NOS: BWS/N0106, BWS/N0301)
10. Create traditional hair styles & hair designing with artificial aids and thermal gadgets. (NOS: BWS/N0208, BWS/N0205)
11. Demonstrate hair colouring, perming, straightening, re-bonding & smoothening. Explain the knowledge of bonds. (NOS: BWS/N0209, BWS/N0210, BWS/N0211)
12. Create bindi, heena & temporary tattoo designing, drape saree in different styles. (NOS: BWS/N0127)

Chk 12/10/25